

Protecting your baby from severe RSV disease

Respiratory syncytial virus (RSV) is a common, easily spread virus that almost all children catch at least once by the time they turn 2.

It usually causes mild to moderate cold-like symptoms. But for premature babies, babies who have chronic lung disease of prematurity, or those who were born with certain heart problems, RSV can lead to serious health problems. Follow the handy tips on the reverse to help protect your baby. **If the doctor says your baby is at high risk, ask what you should do next.**

For more information visit www.RSVprotection.com



The RSV season

RSV is present year-round, but its activity typically goes up in the fall, peaks in the winter, and goes down in the early spring.

Help protect your baby from severe RSV disease



Wash your hands thoroughly before touching your baby, and ask others to do the same



Wash your baby's toys, clothes, and bedding often



Don't let anyone smoke in your home or near your baby



Keep your baby away from:

- Crowds and young children
- People with colds

Severe RSV disease signs and symptoms

If you see any of these RSV disease warning signs, call your baby's doctor right away:

- Coughing or wheezing that does not stop
- Labored or heightened breathing
- Flared nostrils and/or increased chest retractions when trying to breathe
- A bluish color around the mouth or fingernails
- A fever (in infants under 3 months of age, a fever greater than 100.4°F rectal is cause for concern)

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